

Digital well-being, a key factor in the success
of your organization

Gabriel Pitt

MASTER
YOUR
DIGITAL
HABITS®

WHAT IS DIGITAL WELL-BEING AT WORK?

Digital well-being at work,
it is to be able, in a constantly evolving digital environment,
manage the tasks to be accomplished with
a maximum of quality and efficiency, while having pleasure doing it,
in accordance with the values and objectives of the organization.

Gabriel Pitt

OBJECTIVES AND BENEFITS OF ORGANIZATIONS

Objectives

- Putting people at the heart of digital transformation
- Creating a sustainable digital culture
- Enable teams to achieve the maximum of their performance

Benefits

- Employee well-being
- Improved productivity
- Engagement (retention and rotation)
- Attractiveness of the employer

SOLUTIONS



STEPS

1

Presentation
Definition of needs and
objectives
Analysis

2

Proposal of solutions
Offer
Validation

3

Implementation
Follow-up
Report

GABRIEL PITT



Certified digital well-being expert

Corporate management and team management

Communication and social media speaker

Creator of the MASTER YOUR DIGITAL HABITS® method

Author of the book «BEING PRESENT» to be published in summer 2022

Trilingual French | German | English

YOUR CONTACT

Gabriel Pitt

success@gabrielpitt.ch

